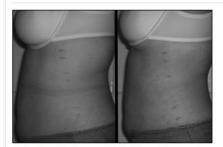


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Weight loss: the Strawberry diet

Weight that won't shift through traditional diet and exercise can be zapped into submission with Strawberry, a new fat-cell-busting machine from Laser Lipo.

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On the side: six inches was lost from four positions - under the bra line, round the waist, across the belly button, and around the hips

Find out more at www.laserlipo-bcs.com

Central London bookings: 0207 361 0021; info@adore-me.co.uk Rest of the UK: 0844 980 1821

When it comes to getting your ideal shape, there are some stubborn fat pockets that even the most intensive diet and exercise regime can't seem to shift

On men, build ups around the stomach, thighs and even chest are becoming more common. For women, especially in the winter slump, cellulite, 'bingo wings' and thicker waists can be the result of comfort eating, stress or ill health.

While liposuction, tummy tucks and other invasive procedures are still popular, market-leading LaserLipo weight loss technology have just announced the arrival of a new state-of-the-art body contouring system which promises excellent results in a non-invasive, pain-free procedure.

The Strawberry reduces treatment times of the original Lapex machine (which received rave reviews on its inception in 2007) while increasing the size of the potential treatment area.

The Strawberry – so called because of its unique shape – is a low-level laser boasting up to 60 diodes, equivalent to seven-and-a-half ordinary treatment

It can be used for inch loss, skin tightening or contouring pre/post liposuction, cellulite reduction and an attachment can be added for skin rejuvenation, treating eye bags and wrinkles.

The procedure is completely painless, with up to eight treatments combined with an exercise and diet plan recommended for best results. Each session costs from £175 depending on the size of the treatment area.

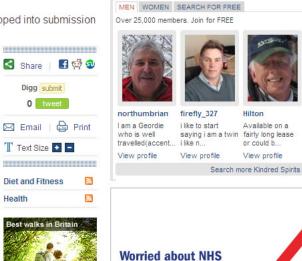
The multi-purpose functions of the Strawberry promise to smooth unsightly stretch marks by up to 70 per cent; reduce eye bags by stimulating new cell growth in the delicate eye area; and it can even help to get rid of man boobs!

By placing the laser on traditional acupuncture sites on the face, hand and ear, the treatment can also be used to reduce nicotine cravings to help smokers give up the habit.

CASE STUDY

Suzi Dixon had three sessions of Strawberry LaserLipo between December and January this year. "I'd tried the previous Lapez machine a couple of years ago and got great results. The Strawberry is even better, as it can treat wider surface areas and the appointment takes half the time! Each session blasted a good few inches from my mid-section (best result was four-and-a-half inches from three measurements). However you really need to commit to a course to keep the weight off. Unless you live really close to a clinic, or can get evening or weekend appointments, this can be hard to fit around a busy job, especially as the snow meant two appointments got cancelled. I'm sure a regular programme would get sustained results."

For more information, call The Heath House Clinic, Edenbridge - 0844 980 1821; www.laserlipo-bcs.com



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